Moderators: Chew Zhihong I Lim Yee Gen		
13:40 – 13:44	ID419 Neurological survivorship following surgical decompression for cervical myelopathy	Graham Shea, Hong Kong
13:44 – 13:48	ID103 Clinical Outcomes of Unilateral Biportal Endoscopy Decompression for Degenerative Lumbar Canal Stenosis in the Elderly Population - A Single-center Retrospective Study	Keyur Kantilal Akbari, Australia
13:48 – 13:52	ID178 Postoperative Intervertebral Height Loss in OLIF Patients –True Subsidence or "Artificial Settling"? A CT-based Analysis	Brjan Kaiji Betzler, Singapore
13:52 – 13:56	ID246 Preliminary Clinical and Radiological Outcomes of Single Position Prone Lumbar Interbody Fusion	Ngoh Xian Jun, Singapore
13:56 – 14:04	Q & A	
14:04 – 14:08	ID197 Epidural Platelet-rich Plasma (PRP) versus Steroid on Low Back Pain in Patients with Prolapsed Intervertebral Discs: A Meta-analysis	Hubertus Corrigan, Indonesia
14:08 – 14:12	ID321 Early Intervention in Postop Discitis a Single Center Review	Abdul Satar, Pakistan
14:12 – 14:16	ID364 Comparison of Vertebral Wedge and Kyphotic Angle Between Modified Cortical Bone Screw Trajectory and the Traditional Pedicle Screw Trajectory in Thoracolumbar Fractures	Dipak Shrestha, Nepal
14:16 – 14:20	ID365 What does a Spine Surgeon needs to know about the use of Propofol in Total Intravenous Anaesthesia for Spine Surgeries?	Lim Xinyi, Singapore
14:20 – 14:28	Q&A	